

## First Day: Required Items

### Label Belongings

LABEL EVERYTHING with your child's first name and initial of last name. CHILDREN OFTEN DON'T KNOW WHAT BELONGS TO THEM.

### Sentimental, Expensive Items

Please do not send any sentimental or expensive items or clothing that you do not want to get lost or dirty or stained. Leave them at home. Children will get dirty during the day. *TBM or its employees will not replace or reimburse lost or damaged items.*

### List of Items Your Child Will Need On Their First Day

- SHOES:** A pair of comfortable shoes or hard sole slippers for indoor use only. These must stay at the school.
- WATER BOTTLE:** A water bottle: preferably with a straw and a lid (to protect spout from germs)
- CLOTHING:** A complete change of clothes; shirt, pants, underwear, and socks (packed in a large Ziploc or small plastic bag)
  
- EXTRA CLOTHING:** Additional set of clothing or two if your child is actively potty training
- WIPES:** A package of wipes (flushable is preferred for toilet using children) in case of an accident
- BAG:** A plastic bag or a "reusable wet bag" to put wet or soiled clothing
- BLANKET:** A small blanket for quiet time (to stay at school)
- STUFFIE:** A small stuffed animal for quiet time (to stay at school)

### Diaper or pull-ups (if applicable):

- At least 10-20 diapers (label the bag in which you bring them)
  - Wipes (1 or 2 packs) labeled
  - Any ointment or cream you want staff to use on your child during diapering (don't forget to sign a *Non-Prescription Medication Authorization* form)
- Any other item your child requires daily.

### No Pacifiers

We do not encourage the use of pacifiers in the children during programming. The pacifier reduces the child's talking ability and impairs their communication, which can result in frustration for them and others in their classroom. Please do not send your child with a pacifier in their mouth.

Most children tend to leave their pacifiers around the room where other children may put it in their mouth, handle it or step on it. It becomes a hygienic issue for your child and for the other children in the room. Better to leave them at home or in the car.

### No Bottles

Children participating in our program are not permitted to use a nipples bottle at any time unless your child has a medical condition. If your child requires bottle feeding due to a medical condition, please advise us so we can guide you through what documentation and forms must be filled.

### No Toys

No toys from home please! It leads to conflicts and disagreements among the children. Your child becomes stressed and anxious about who is touching their toy and where it is and not wanting to engage with the rest of the materials or the children.

Bringing personal toys from home can create a sense of ownership and competition, causing children to argue over who gets to play with a particular toy.

This disrupts the peaceful and cooperative environment that we strive to maintain.

Additionally, toys brought from home may get lost, damaged, or mixed up with the rest of our toys, causing confusion and frustration for both children and educators.

It is important for children to learn to share the materials and the toys provided by the school, promoting social skills and a sense of community among the children.

**MEDICATION:** Any medication or emergency medication your child needs (an *Administration of Medication* form must be filled out). All medication must be handed directly to an educator/teacher.

